Lin-28 binds IGF-2 mRNA and participates in skeletal myogenesis by increasing translation efficiency

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Lin-28 is a highly conserved, RNA-binding, microRNA-regulated protein that is involved in regulation of developmental timing in Caenorhabditis elegans. In mammals, Lin-28 is stage-specifically expressed in embryonic muscle, neurons, and epithelia, as well as in embryonic carcinoma cells, but is suppressed in most adult tissues, with the notable exception of skeletal and cardiac muscle. The specific function and mechanism of action of Lin-28 are not well understood. Here we used loss-of-function and gain-of-function assays in cultured myoblasts to show that expression of Lin-28 is essential for skeletal muscle differentiation in mice. In order to elucidate the specific function of Lin-28, we used a combination of biochemical and functional assays, which revealed that, in differentiating myoblasts, Lin-28 binds to the polysomes and increases the efficiency of protein synthesis. An important target of Lin-28 is IGF-2, a crucial growth and differentiation factor for muscle tissue. Interaction of Lin-28 with translation initiation complexes in skeletal myoblasts and in the embryonic carcinoma cell line P19 was confirmed by localization of Lin-28 to the stress granules, temporary structures that contain stalled mRNA–protein translation complexes. Our results unravel novel mechanisms of translational regulation in skeletal muscle and suggest that Lin-28 performs the role of “translational enhancer” in embryonic and adult cells and tissues.

[Keywords: Lin-28; RNA; skeletal muscle; translational regulation]

Supplemental material is available at http://www.genesdev.org.

Received October 18, 2006; revised version accepted March 7, 2007.

Lin-28 is a small RNA-binding protein that was originally described as an indispensable regulator of developmental timing in Caenorhabditis elegans [Moss et al. 1997]. In nematodes, Lin-28 is expressed during early embryogenesis and is strongly down-regulated in adult life [Moss and Tang 2003]. Repression of Lin-28 in C. elegans was shown to occur post-transcriptionally, and to be controlled by a microRNA [miRNA], lin-4, and by a protein, Lin-14 [Seggerson et al. 2002]. In mammals, Lin-28 is ubiquitously expressed in embryonic stem [ES] cells and in early embryogenesis, but its expression becomes restricted to several tissues in late embryogenesis and in adult life [Yang and Moss 2003]. Lin-28 is highly conserved throughout the species and presents a unique combination of RNA-binding motifs [a cold-shock domain, CSD, and two retroviral-type CCHC zinc finger motifs, ZFM]. Conservation of Lin-28 in multiple species suggests an important physiological role for this small (~28 kDa), cytoplasmic, RNA-binding protein. However, no function has yet been attributed to Lin-28, and the existing knowledge about its expression and tissue-specificity has made it difficult to predict such a function.

In some mammalian differentiation models, such as retinoic acid [RA]-induced differentiation of P19 embryonic carcinoma [EC] cells, the control of Lin-28 expression was shown to depend on miR-125b, by a mechanism homologous to the regulation of Lin-28 by lin-4 in nematodes [Bagga et al. 2005; Wu and Belasco 2005]. Interestingly, in other in vitro differentiation systems, such as TERA-2 EC cells, differentiation-related down-regulation of Lin-28 is not regulated by miR-125b, and is controlled at the transcriptional level [Lee et al. 2005]. These results show that, in different tissues, Lin-28 can be regulated by completely different mechanisms, either microRNA-dependent or microRNA-independent. In any case, cell differentiation is associated with down-regulation of Lin-28 in most mammalian cell culture models, and Lin-28 has been cited as a marker of “stemness” [Richards et al. 2004].
Indeed, during mouse embryogenesis, expression of Lin-28 was shown to be high and widespread throughout tissues and embryonic layers until day 8.5–10.5. At this stage, however, it starts to show some tissue specificity; it is detected in epithelial tissues, in developing myocardium, and then in the myotome of developing somites around day 15.5 of embryogenesis (Yang and Moss 2003). The presence of Lin-28 in cardiac and skeletal muscle was reported to be continuous from this point on, and to persist in late embryogenesis and even in adult life. Therefore, in muscle tissue, Lin-28 appears to be associated with a differentiated state, in sharp contrast to results obtained in in vitro models of RA-induced differentiation of EC cells, and differentiation of ES cells (Sempere et al. 2004).

We have explored the function of Lin-28 in mammalian skeletal muscle. Our results show that in adult primary myoblasts [PMs], Lin-28 is strongly induced during differentiation. Conversely, miR-125b, the microRNA that controls Lin-28 expression in C. elegans, is down-regulated in differentiating myoblasts, suggesting that the miR-125–Lin-28 regulation pathway is conserved in mammals. Gain- and loss-of-function assays demonstrated the importance of Lin-28 for differentiation: Specific repression of Lin-28 by RNA interference (RNAi) dramatically decreased the efficiency of muscle differentiation, and, conversely, overexpression of Lin-28 in a myoblast cell line [C2C12] had a stimulating effect on terminal differentiation. In regenerating skeletal muscle in vivo, Lin-28 is up-regulated during the differentiation and maturation of newly formed fibers. Mouse ES cells that have been fully committed to the myogenic lineage by stable expression of low levels of the muscle transcription factor MyoD express Lin-28 during differentiation, whereas in control ES cells, Lin-28 is down-regulated during formation of heterogeneous embryoid bodies [EB, 95%–100% nonmuscle]. Taken together, these data suggest that Lin-28 has an important and tissue-specific function in muscle.

We used a proteomic affinity-based approach to identify protein partners of Lin-28 in proliferating and differentiating myoblasts. These studies indicate that Lin-28 is involved in post-transcriptional regulation of insulin-like growth factor 2 [IGF-2], a factor crucial for the growth and differentiation of muscle tissue. Lin-28 complexes contain factors involved in translational initiation and elongation, as well as 5′ cap- and poly(A)-binding proteins. In differentiating myoblasts, Lin-28 is associated with the polysomal compartment. During differentiation, induction of Lin-28 results in an increased number of ribosomes per molecule of IGF-2 mRNA, as demonstrated by sucrose gradient experiments. Conversely, in PMs depleted of Lin-28 by RNAi, mRNA of IGF-2 fails to shift to the polysomal fraction, leading to a decrease in the rate of synthesis of IGF-2 protein. Moreover, during oxidative stress, endogenous Lin-28 follows the translation initiation factors into the stress granules [SGs], cytoplasmic structures that contain temporarily inactive mRNA translation initiation complexes. These observations further confirm the interaction of Lin-28 with translation initiation complexes during myogenic differentiation. Finally, Lin-28 was shown to increase the translation of an IGF-2 reporter construct in vitro. We propose that the decrease of general transcriptional activity that occurs upon terminal muscle differentiation is partially compensated by “translation enhancer” proteins, such as Lin-28, that allow the maturing skeletal muscle fibers to produce the necessary proteins from low amounts of available mRNA.

Results

Lin-28 is induced during myogenic differentiation

As a first approach toward understanding the function of Lin-28 in skeletal muscle, we have analyzed the expression of Lin-28 protein in mouse PMs in culture, and in regenerating muscle fibers in vivo. In adult PMs, Lin-28 is barely detectable during proliferation, but is dramatically up-regulated during terminal differentiation (Fig. 1A, lanes 1,2). Lin-28 is strongly expressed in freshly isolated embryonic and fetal PMs during proliferation and differentiation, but is not detectable in embryonic rhabdomyosarcoma (RMS) cells [Fig. 1A; data not shown]. Detailed analysis of the kinetics of terminal differentiation of adult PMs in vitro showed that Lin-28 is induced as early as 24 h post-differentiation signal, and remains high as late as 7 d of differentiation [Fig. 1B]. Differentiation was monitored by the detection of muscle creatine kinase [MCK], a specific muscle marker. Interestingly, the microRNA miR-125b, which has been shown to suppress Lin-28 in C. elegans and in some mammalian cells, is down-regulated during terminal differentiation of PMs [Fig. 1B, bottom panels]. This observation suggests that the control of Lin-28 by miR-125b [lin-4 in nematodes] is a conserved mechanism [Moss et al. 1997; Bagga et al. 2005; Wu and Belasco 2005].

Immunofluorescence analysis indicated that, in differentiated myotubes, Lin-28 is abundant in the cytoplasm, but also shows nucleolar staining in 10%–15% of the nuclei [Fig. 1C]. In vivo, however, Lin-28 is little expressed in resting muscle, but it is strongly up-regulated during regeneration of skeletal muscle fibers. Lin-28 expression decreases when the regeneration is histologically and functionally complete, and the fibers no longer express embryonic myosin heavy chain [MHC], the marker of actively regenerating muscle [Fig. 1D].

Proliferating ES cells have been described to express Lin-28, and the protein was found to be gradually down-regulated during spontaneous or RA-induced differentiation of EBs [Richards et al. 2004; Lee et al. 2005]. However, in such EBs, the percentage of myogenic differentiation is low [typically, 0%–5%]. To obtain an ES cell model that is more quantitatively determined toward a myogenic fate, we have stably expressed low amounts of the myogenic transcription factor MyoD in a population of ES cells [Duquet et al. 2006]. MyoD-ES cells can be aggregated into EBs that rapidly differentiate into multinuclear, contracting, MHC-expressing muscle fibers [Fig. 1E]. In sharp contrast to control ES cells, where Lin-28 expression is down-regulated during differentiation of
EBs, as previously described, Lin-28 expression in MyoD-ES cells was reinduced at terminal stages of differentiation into myotubes (Fig. 1F).

Taken together, these observations suggest that Lin-28 protein has a function in terminal muscle differentiation.

Expression of Lin-28 in myoblasts increases the differentiation efficiency

The C2C12 mouse myoblast cell line originates from PMs isolated from adult mouse leg muscle [Yaffe and Saxel 1977]. C2C12 cells have retained the ability to differentiate into multinucleated myotubes, and are widely used as an in vitro model for muscle differentiation, although this process is much less efficient in C2C12s than in PMs. C2C12 myoblasts are immortalized, aneuploid, and phenotypically different from freshly isolated PMs [our observations]. The level of endogenous Lin-28 in the C2C12 cell line is very low to undetectable, with a weak up-regulation during terminal differentiation [data not shown].

C2C12 cells were chosen to explore Lin-28 function in myogenesis using a gain-of-function assay. Lin-28 fused
to GFP was stably expressed in C2C12 myoblasts. Transfected cells were then FACS-sorted into three populations, according to the levels of Lin-28-GFP. Differentiation of these cell populations was evaluated by monitoring the expression of MCK [Fig. 2A] and MHC [Fig. 2B]. The results show that high, but not low and medium, expression of Lin-28 leads to a significant increase of muscle differentiation efficiency, both at the level of expression of myogenic markers [MCK], and at the level of size of myotubes at 2 d of differentiation [Fig. 2B].

Differentiating PMs express high levels of endogenous Lin-28. A loss-of-function RNAi assay using two different small interfering RNAs (siRNAs) directed against Lin-28 clearly showed that induction of Lin-28 is essential for differentiation. Down-regulation of Lin-28 dramatically impairs the differentiation of PMs isolated from adult leg muscle [Fig. 2C], or from adult diaphragm (Supplementary Fig. 1). PMs differentiating in the absence of Lin-28 express detectable levels of specific markers of late myogenic differentiation (MHC), but show a marked defect in fusion and formation of multinuclear myotubes. The efficiency of myogenesis was quantified in gain- and loss-of-function assays using the fusion index [average number of nuclei per myotube] (see Fig. 2B,C, insets).

We have analyzed the involvement of known functional domains of Lin-28 in regulation of skeletal myogenesis. In nematodes, four distinct missense mutations of highly conserved amino acids within the RNA-binding CSD domains have been shown to cause loss of function of Lin-28 [Moss and Tang 2003]. In order to find out whether in mammalian muscle the function of Lin-28 depends on these conserved regions, these mutations, as well as others, were introduced into human recombinant Lin-28 that was subsequently used to establish C2C12 myoblast cell lines. Analysis of the resulting myoblast cell lines showed that point mutations and/or deletions of conserved amino acids in the CSD domains, but not in
the ZFMs, leads to erroneous subcellular localization of Lin-28 (Supplementary Fig. 2A). Moreover, the expression of CSD-mutated Lin-28 was not sustained over a 2-wk period of cell culture, and there was no positive effect of these mutants on terminal myogenic differentiation, contrary to the wild-type Lin-28, and to the ZFM mutant (data not shown). These results show that the conserved RNA-binding CSD domains of Lin-28 are required for the function of Lin-28 in muscle differentiation.

Lin-28 binds to RNA-containing translation initiation complexes in muscle cells

Using a HA-Flag double affinity-purification technique and proteomic analysis, we have purified and characterized proteins that bind to HA-Flag-tagged Lin-28 ectopically expressed in C2C12 myoblasts. Consistent with data obtained by overexpressing Lin-28-GFP, expression of similar levels of recombinant HA-Flag-tagged Lin-28 significantly increased the efficiency of differentiation of C2C12 myoblasts (data not shown). Mass spectrometry analysis showed that the most prominent members of Lin-28 complexes are mRNA-binding proteins [poly(A)-binding protein, 5’ cap-binding protein, nucleolin, hnRNP F, H1, and IGF-2 mRNA-binding proteins (IMP) 1, 2, and 3], structural ribosomal proteins, eIF3 translation initiation factor, and elongation factors (EF1- and EF1-2), as well as cytoskeletal and structural proteins (α- and β-tubulin, muscle and nonmuscle actin and myosin). A nonexhaustive list of Lin-28 partners in proliferating and differentiating C2C12 myoblasts is presented in Table 1.

Table 1. A nonexhaustive list of proteins detected in Lin-28 complexes in proliferating or differentiating C2C12 myoblasts, treated or not with RNase A

<table>
<thead>
<tr>
<th>Proteins</th>
<th>C2C12 proliferating + RNase</th>
<th>C2C12 proliferating</th>
<th>C2C12 differentiating for 72 h + RNase</th>
<th>C2C12 differentiating for 72 h</th>
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<td>α- and β tubulin</td>
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<td>Poly(A)-binding protein</td>
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<td>CSD-containing protein</td>
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<td>eEF1α and α-2</td>
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<td>Nucleolin</td>
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<td>IMP 1–3</td>
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<td>RNA-binding protein musashi</td>
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abolished by puromycin or RNase A treatment [Fig. 3C,D].

**Lin-28 colocalizes and interacts with eIF3β in differentiating myoblasts**

To evaluate the interaction between the translation initiation factor eIF3β and Lin-28 under physiological conditions, we have immunoprecipitated eIF3β from differentiating PMs and proliferating P19 cells. Lin-28 coprecipitated with eIF3β in these cell extracts, and this interaction was only slightly decreased by RNase A treatment, suggesting that eIF3β and Lin-28 can interact strongly and directly when endogenous Lin-28 is induced and functional [Fig. 4A, Supplementary Fig. 3A]. Interaction with other partners of Lin-28, such as nucleolin, was abolished by RNase A treatment [Fig. 4A].

We have studied the subcellular localization of Lin-28 with regard to eIF3β. These experiments were carried out in adult PMs and in P19 cells, under normal conditions or during sodium arsenate-induced oxidative stress, which leads to formation of SGs, temporary mRNA–protein structures that contain reversibly stalled mRNA–protein translation complexes [Anderson and Kedersha 2002; Kedersha and Anderson 2002].

In untreated myoblasts at 4 h of differentiation, eIF3β and Lin-28 are dispersed in the cytoplasm, and their colocalization is difficult to analyze. However, 30 min of treatment with sodium arsenate led to formation of SGs that contained eIF3β, as previously described [Kedersha et al. 2005], and were ~85% positive for Lin-28 [Fig. 4B]. Moreover, in mature myotubes, where the cytoplasm is structured by the formation of sarcomers, it was possible to detect an almost 100% colocalization of Lin-28 with eIF3β [Fig. 4B, middle panel]. The formation of SGs depends on the microtubule network [Ivanov et al. 2003],...
which is irreversibly remodeled during terminal myo-
genic differentiation; predictably, arsenate treatment of mature myotubes did not lead to formation of SGs [data not shown]. In PMs and P19 cells, Lin-28 also colocalized with TIA-1, a known marker of SGs [Kedersha et al. 2005]. However, nucleolin, a nucleolar and cytoplasmic protein that interacts with Lin-28, was not detected in SGs, providing a negative control [Fig. 4B, bottom panels; Supplementary Fig. 3B].

These data support the hypothesis that, during skeletal muscle differentiation, Lin-28 is associated with translation initiation complexes in the polysomal compartment.

**Lin-28 binds IGF-2 mRNA and increases the efficiency of translation of IGF-2 protein in differentiating muscle cells**

Lin-28 complexes purified from C2C12 myoblasts contain proteins of the IMP family, well-characterized mRNA-binding proteins that regulate the expression of IGF-2 at the post-transcriptional level [Nielsen et al.
1999). In vivo, this interaction is not likely to be of great physiological importance, given that Lin-28 protein is induced during differentiation of PMs, with a marked peak in late differentiation; IMP proteins, on the contrary, are strongly expressed in proliferating myoblasts, and are rapidly down-regulated at the onset of terminal differentiation [our unpublished data]. This complementary expression pattern, which is also reproduced during regeneration of muscle in vivo, does not support the hypothesis that IMP proteins form a long-lasting complex with Lin-28 in muscle. However, coprecipitation of tagged Lin-28 with endogenous IMP proteins in proliferating C2C12 cells has been an important indication suggesting that Lin-28 can be involved in translational regulation of IGF-2, a growth factor that is necessary and sufficient for skeletal muscle differentiation in vitro and for muscle fiber hypertrophy in vivo [Florini et al. 1991, 1996; Armand et al. 2004]. Lin-28 complexes could bind IGF-2 mRNA and possibly regulate the efficiency of muscle differentiation by controlling the synthesis of IGF-2 protein.

In order to test this hypothesis, Lin-28 complexes were purified from proliferating or differentiating C2C12 myoblasts, and the presence of IGF-2 mRNA was monitored by qRT–PCR using two different sets of primers specific for distinct regions of IGF-2 mRNA (coding region and 5′ Leader 3 regulatory sequence). The results revealed an association of IGF-2 mRNA with Lin-28 complexes in myoblasts. Moreover, the number of copies of IGF-2 mRNA in equal amounts of Lin-28 complexes increased almost 10-fold by day 2 of differentiation [Fig. 5A, left panel]. The mRNA of MyoD was also found associated with Lin-28, but in contrast to IGF-2, this mRNA was not enriched in Lin-28 complexes isolated from differentiating myoblasts [Fig. 5A, middle panel]. Comparable levels of induction of total mRNA of IGF-2 and MyoD were confirmed by qRT–PCR, indicating that association of Lin-28 complexes with IGF-2 mRNA is specific, and not due to transcriptional induction of IGF-2 during differentiation [Fig. 5A, right panel].

This result raised the possibility that Lin-28 can drive the IGF-2 mRNA into polysomes upon differentiation. To test this hypothesis, we monitored the association of IGF-2 mRNA with polysomes during the differentiation of Lin-28-overexpressing C2C12 myoblasts, as well as in PMs, in which endogenous Lin-28 is induced during differentiation. Quantification of the number of copies of IGF-2 mRNA by qRT–PCR in monosomal, light polysomal, and heavy polysomal fractions showed a 10% shift of IGF-2 mRNA toward heavy polysomal fractions in C2C12-Lin-28 myoblasts, compared with control C2C12 cells [Fig. 5B, top panel]. In a complementary loss-of-function assay, transfection of differentiating PMs with two distinct siRNAs specific for Lin-28, or a control siRNA, led to accumulation of IGF-2 mRNA in the polysomal fraction in control PMs, but not in Lin-28-depleted cells [25%–35% difference] [Fig. 5C]. The effect of Lin-28 expression on the accumulation of mRNA of IGF-2 in the polysomal fractions was much more dramatic in PMs than in C2C12 myoblasts, suggesting that the translational regulation mechanisms, which have been lost during the transformation of PMs into an immortal C2C12 cell line, cannot be fully restored by ectopic expression of Lin-28 in C2C12 myoblasts.

In these assays, IGF-2 mRNA was also detected by Northern blot, a less sensitive approach that nevertheless demonstrated the integrity of 4.4-kb IGF-2 transcripts extracted from C2C12 and PMs, and corresponding to Leader 3 mouse IGF-2 transcript [Rotwein and Hall 1990, Hansen et al. 2004]. Taken together, these results show the importance of Lin-28 in the association of IGF-2 mRNA with polysomes.

**Lin-28 regulates the expression of IGF-2 and is indispensable for efficient differentiation of skeletal myoblasts**

Our data suggest that regulation by Lin-28 increases the synthesis of IGF-2 protein at the translational level by increasing the number of initiation events, reflected by an increased number of ribosomes per molecule of IGF-2 mRNA. Consistently, in an in vitro translation system, recombinant Lin-28, but not a control irrelevant protein, increased the synthesis of luciferase from an IGF-2-luc reporter construct [regulatory region of the human IGF-2 Leader 3 transcript, 1164 base pair [bp], inserted between the T7 promoter and the luciferase gene in the pCDNA 3.1 vector; a kind gift from Dr. J. Christiansen], but not from a control reporter differing by the absence of the IGF-2 regulatory region [Fig. 6A]. These results further suggest that Lin-28 can increase IGF-2 synthesis by a mechanism involving translational regulation.

Consistent with this hypothesis, we found that the expression of IGF-2 protein in differentiating C2C12 myoblasts ectopically expressing Lin-28 was dramatically increased compared with C2C12 controls, whereas the total amount of IGF-2 mRNA did not vary considerably in these two cell populations [Fig. 6B].

Using two distinct neutralizing antibodies specific for IGF-2, we showed that the increased secretion of biologically active IGF-2 is the main cause of Lin-28’s effect on differentiation of C2C12 myoblasts. Conditioned medium from C2C12 cells overexpressing Lin-28 was transferred onto differentiating control C2C12 myoblasts, in the presence of anti-IGF-2 antibodies, or of control antibodies, and differentiation was evaluated at the 6-h and 12-h time points [Fig. 6C]. Early time points were chosen in order to study the effects of IGF-2 contained in the conditioned medium, and to avoid the secondary effects of neutralizing the endogenous IGF-2, which normally is produced by differentiating control C2C12 from 20 h onward [our unpublished data]. Conditioned media from cells overexpressing Lin-28 had a positive effect on myogenic differentiation, and this effect was completely abolished by the presence of antibodies specific for IGF-2. Thus, Lin-28 appears to participate in the differentiation program through induction of IGF-2 secretion.

This hypothesis was confirmed by loss-of-function assays. Similar to C2C12 myoblasts, PMs did not undergo significant transcriptional regulation of IGF-2 when ex-
expression of Lin-28 was modified by four distinct siRNAs (qRT–PCR and Northern blot analysis) (Fig. 6D). Consistent with the role of Lin-28 as a translational enhancer of IGF-2, the rate of IGF-2 protein synthesis in PMs depleted of Lin-28 and placed in differentiation conditions was significantly decreased as compared with control PMs [a pulse label assay] (Fig. 6E).

Steady-state levels of IGF-2 protein in PMs were also reduced by down-regulating Lin-28 with siRNAs, and this effect was dose-dependent: Anti-Lin-28 siRNA 1, which leads to an 85% reduction of Lin-28, abolished IGF-2 induction, whereas siRNA 2, which only reduces Lin-28 to ∼40%–50%, had a partial effect (Fig. 6F). Moreover, the overall efficiency of myogenic differ-

Figure 5. Lin-28 binds IGF-2 mRNA and increases the efficiency of translation of IGF-2 protein in differentiating muscle cells. (A) The quantity of IGF-2 mRNA bound to Lin-28 complexes increases 10-fold during 48 h of differentiation. [Left panel] Normalization of Lin-28 complexes in proliferating and differentiating C2C12-Lin-28 myoblasts. [Mock] Control C2C12 cells. [Middle panels] qRT–PCR quantifications of IGF-2 and MyoD mRNAs within Lin-28 complexes. [Right panel] Fold induction of total IGF-2 and MyoD mRNA in differentiating C2C12 myoblasts, qRT–PCR. [B] Expression of Lin-28 leads to a shift of IGF-2 mRNA to “heavy” polysomal fractions. Extracts from C2C12-Lin-28 or C2C12 control myoblasts at the 48-h differentiation time point were fractionated on a 21%–47% sucrose gradient. The OD_{260 nm} was determined for each 1-mL fraction, and the number of copies of IGF-2 mRNA relative to input was quantified for each fraction. Shown is the relative percentage of IGF-2 mRNA in monosomal, light polysomal, and heavy polysomal fractions, and the Northern blot analysis using a probe for the coding region of IGF-2. [C] Induction of endogenous Lin-28 in differentiating PMs is indispensable for shifting of IGF-2 mRNA into “heavy” polysomal fractions. The same analysis as in B was applied to differentiating PMs depleted or not of Lin-28 by indicated siRNAs.
differentiation, as monitored by MCK expression, closely reflected the levels of Lin-28 and of IGF-2 expressed in differentiating PMs (Fig. 6F). These data confirm that control of IGF-2 protein synthesis is one of the principal mechanisms of Lin-28-dependent regulation of skeletal muscle differentiation.

Discussion

RNA-binding proteins are important regulators of cell determination, differentiation, motility, and other processes, during embryogenesis and adult life. Lin-28, a highly conserved RNA-binding protein with a complex mechanism of regulation both in nematodes and in higher species, has an interesting pattern of expression, which does not immediately indicate a specific function in a particular physiological process. Lin-28 is abundant in ES cells and ECs of different origins, and appears to be down-regulated during RA-induced neuronal differentiation of these pluripotent cells, suggesting a function associated with "stemness." However, Lin-28 is also detected in specific fully differentiated tissues, the adult...
cardiac and skeletal muscle, suggesting that this protein can have a specific function in these tissues and organs.

We now show that, during terminal differentiation of skeletal muscle, Lin-28 can act as a “translational enhancer,” driving specific mRNAs to polysomes and thus increasing the efficiency of protein synthesis. Such mechanisms of translational regulation can be important for myogenesis, given that formation of adult skeletal muscle fibers is generally associated with a decrease of general transcriptional activity, with lower levels of total mRNA, as well as with remodeling and condensation of chromatin in the nuclei that become irreversibly post-mitotic (Panar and Nair 1975). We have identified several mRNAs bound by Lin-28 in myoblasts, such as the mRNA of myogenic transcription factor MyoD, of ribosomal protein 36b4, and of Lin-28 itself (our unpublished data). Interestingly, one of the mRNA targets of Lin-28 encodes the cytokine IGF-2. Regeneration of skeletal muscle depends on activation, proliferation, and subsequent differentiation of adult muscle stem cells (satellite cells), which fuse to form new muscle fibers [Morgan and Partridge 2003; Zammit et al. 2006]. Maturation of these fibers depends on multiple regulatory mechanisms, and notably on the presence of IGF-2, a growth factor that is indispensable for efficient muscle differentiation in vitro and in vivo (Husmann et al. 1996; Yoshiko et al. 2002).

IGF-2 participates in the post-regeneration hypertrophy of skeletal muscle fibers and in the hypertrophy of cardiomyocytes in vitro and in vivo, after a myocardial infarction [DeVol et al. 1990; Adachi et al. 1994; Battler et al. 1995; Huang et al. 2002].

Interestingly, IGF-2 protein remains strongly expressed in fully regenerated skeletal muscle fibers after the decrease of general transcriptional activity has occurred, suggesting that, at this stage, IGF-2 expression may rely on post-transcriptional mechanisms. IGF-2 expression correlates with the presence of Lin-28 (our unpublished data). Our results show that Lin-28 is necessary for the translational up-regulation of IGF-2 expression in cultured myoblasts and has the ability to enhance translation in vitro. Hence we propose that Lin-28 functions as a “translational enhancer,” increasing the efficiency of protein synthesis, when the corresponding mRNA is not transcribed anymore and its abundance becomes low. The association of Lin-28 with the translational machinery and mRNAs such as IGF-2 results in an increased number of initiation events per molecule of mRNA, and, indirectly, in stabilizing the mRNAs bound to Lin-28 translation initiation complexes (our unpublished data). Lin-28 itself seems to be regulated at the translational level in differentiating myoblasts, since its expression is inversely correlated with that of the miRNA mir-125b. Moreover, the recruitment of Lin-28 protein to polysomes upon differentiation might also be regulated, since it is increased in myoblasts under differentiation conditions as compared with proliferating cells [Fig. 3C].

Given that Lin-28 is highly expressed in cardiac muscle tissue in mammals (Yang and Moss 2003), it will be interesting to analyze the mechanisms of myocardial recovery after an important injury, such as an infarction, to find out whether Lin-28 is also involved in IGF-2-dependent post-traumatic hypertrophy of the heart. Moreover, regulation of the insulin/IGF pathway via Lin-28 may be a highly conserved mechanism, as suggested by two recent publications showing that the Lin-4/Lin-14–Lin-28 regulatory pathway (Seggerson et al. 2002) directly influences insulin–IGF signaling in nematodes (Boehm and Slack 2005; Hristova et al. 2005).

In contrast, Lin-28 does not seem to be implicated in the development of RMS, a pediatric cancer originating from myogenic precursor cells. RMS cells overexpress IGF-2, which acts as an important autocrine factor for their proliferation [Minniti and Helman 1993]. However, RMS cells do not express detectable levels of Lin-28, and ectopic expression of Lin-28 in these cells did not lead to terminal muscle differentiation (our unpublished data). These results suggest that Lin-28 is involved in normal skeletal myogenesis, but not in malignant transformation of myogenic cells, and that the up-regulation of IGF-2 in RMS is not due to aberrant regulation of IGF-2 synthesis by Lin-28. Interestingly, although induction of IGF-2 protein occurs on roughly the same level during the differentiation of low-passage PMs or of the immortal, tumorigenic C2C12 myoblasts, the induction of IGF-2 mRNA is very insignificant in PMs (three- to fivefold), whereas in C2C12 cells, IGF-2 mRNA is induced 10-fold on the first day of differentiation, and up to 90-fold at day 6 of differentiation in culture (our unpublished data). These observations further indicate that translational regulation by Lin-28 may be a characteristic of healthy muscle tissue, whereas transformed cells of muscle origin will preferentially rely on their increased transcriptional activity to produce the necessary cytokines. However, deregulation of the Lin-28 pathway might be involved in development of other human cancers, as suggested by a recent study showing an overexpression of Lin-28 isoforms in human hepatocellular carcinoma (Guo et al. 2006).

The role of Lin-28 in ES and EC cells, and in early embryonic development, remains to be elucidated. However, we have observed interactions between Lin-28 and the translation initiation complexes in P19 EC cells [Supplementary Fig. 3]. It was previously demonstrated that expression of IGF-2 in EC cells depends on a translational regulation factor present only in nondifferentiated EC cell system [Teerink et al. 1994]. We strongly believe that we have identified this factor, and propose that Lin-28 increases IGF-2 translational efficiency in early embryogenesis, when the cells are relying on the regulated translation of mRNAs to rapidly accomplish the development initiation program [Piccioni et al. 2005]. From our data, it is clear that Lin-28 activity is not restricted to IGF-2, and Lin-28 complexes interact with other mRNAs in proliferating and differentiating myoblasts. Elucidation of other targets of Lin-28 translational regulation will undoubtedly point to other pathways controlled by this protein during development and differentiation.

Thus, our results assign the function of a “transla-
tional enhancer” of protein synthesis to Lin-28, a highly conserved RNA-binding protein, in such physiologically different cells and tissues as the fully differentiated skeletal muscle fibers and the pluripotent ES and EC cells.

**Materials and methods**

Detailed experimental protocols are available on request.

**Cell culture, stable cell lines, and oxidative stress assays**

Cell culture media were purchased from Invitrogen. C2C12 mouse myoblasts were purchased from American Type Culture Collection (ATCC) and cultured as recommended in DMEM supplemented with 15% fetal calf serum (FCS; PAA). Embryonic and fetal mouse myoblasts were obtained from Pax3-GFP transgenic mice by FACS sorting of dissected muscle from abdomen, diaphragm, and front legs, as described [Montarras et al. 2003]. Mouse PMs from adult skeletal muscle were obtained as previously described [Polesskaya et al. 2003], and cultured in Ham’s media, 20% FCS, and 2.5 ng/mL bFGF [Invitrogen]. Differentiation of C2C12 myoblasts and PMs was induced by transferring the cells to DMEM with 2% and 5% horse serum [Invitrogen], respectively. Mouse ES cells and the MyoD-ES cell line were cultured and differentiated as described in Duquet et al. (2006). Embryonic RMS cells were a gift from Dr. S. Leibovich and were cultured in DMEM supplemented with 10% FCS.

To induce the formation of SGs, PMs or P19 cells were incubated with 0.5 µM sodium arsenate for 30 min, fixed for 2 min in prechilled methanol at -20°C, and immunostained. Image analysis was performed on a confocal microscope using standard software.

C2C12 myoblasts were transfected using Lipofectamin [Invitrogen] with the expression vector pCAGI-puro, encoding human Lin-28 [97% similar to mouse Lin-28] fused to GFP (a kind gift from Dr. E.G. Moss), and the selected stable cell population was FACS-sorted according to the levels of expression of GFP-Lin-28.

**Transfections and RNAi assays**

Transient transfection of PMs was performed using HiPerfect (Qiagen), according to the manufacturer’s instructions. siRNA duplexes were transfected at 10 nM overnight, and differentiation was started the next day. The efficiency of RNAi was evaluated by Western blot. The oligonucleotides corresponding to the sense-strand sequences of siRNA were Lin-28/1, r(GGGUUGUGAUGACAGGCAA)dTdT; Lin-28/2, r(CGUGAUGGUUGAUAGCUAA)dTdT; Lin-28/3, r(AAGTGGTTCAACGTGCGCATGAUGACAGGCAA)dTdT; Lin-28/4, r(AACTGCGGTGGGCTAGACCAT)dTdT; Lin-28/5, r(GGGUUGUGAUGACAGGCAA)dTdT; Lin-28/6, r(AACTGCGGTGGGCTAGACCAT)dTdT, and control, Irrelevant siRNA (Qiagen).

**Pulse-labeling of IGF-2 in differentiating PMs**

PMs were plated at 1 × 10⁶ per collagen-coated-10-cm dish, and transfected with anti-Lin-28 siRNAs as described above. Eighteen hours later differentiation was induced, and 24 h after the beginning of differentiation, the cells were transferred to methionine/cysteine-free DMEM [Invitrogen] containing 10 µCi/mL [35S]-methionine (Amersham) for the indicated periods of time. Cells were lysed in 0.4 mL of buffer containing 50 mM Tris-HCl [pH 7.5], 1% NP-40, 150 mM NaCl, and protease inhibitors [Complete; Roche]. Lysates were cleared by 10 min of centrifugation at maximal speed in a table-top centrifuge, and IGF-2 was immunoprecipitated using a mixture of two specific antibodies, as indicated below. Antibody-bound IGF-2 was collected on protein A/protein G-coupled Sepharose beads [Sigma], washed five times with lysis buffer, and subjected to SDS-PAGE, followed by autoradiography.

**Skeletal muscle regeneration assay**

Skeletal muscle regeneration was induced by injecting 10 µL of 10 µM cardiotoxin [Latoxan] in PBS in Tibialis anterior (TA) muscle of 7- to 8-wk-old C57Bl6 female mice. TA muscle was collected at the indicated time points, and lysed in buffer containing 50 mM Tris-HCl [pH 7.4], 0.1% Triton X-100, 5 mM EDTA, 250 mM NaCl, and protease inhibitors [Complete; Roche]. Total muscle lysates were analyzed by Western blot. Expression of embryonic MHC was used as a positive control of regeneration efficiency.

**Affinity purification of Lin-28 complexes**

C2C12 myoblasts stably expressing Flag-HA-Lin-28 were obtained using the retroviral vector pOZFHH [kind gift from Dr. V. Ogyroko, described in Viens et al. 2006]. Lin-28 complexes were immunoprecipitated from whole-cell extracts by lysis buffer: 10% glycerol, 20 mM Tris-HCl at pH 8, 0.2 mM EDTA, 0.1% NP-40, 0.5 M KCl, and protease inhibitors [Complete; Roche] using M2-agarose beads, eluted with Flag peptide, treated or not with 1 mg/mL protease-free RNase A [Roche], reprecipitated with anti-HA-agarose beads, and eluted with HA peptide, as described in Nakatani and Ogyroko (2003) [all reagents were purchased from Sigma]. Complexes were separated on a 4%–12% polyacrylamide gel [Invitrogen], and stained using the Silver Quest kit from Invitrogen, according to the manufacturer’s instructions. Mass spectrometry identification of proteins was carried out by Dr. R. Tomaino [Harvard Medical School, Boston, MA].

Purification of RNA from Lin-28 complexes was accomplished by digestion with proteinase K (Roche; 0.2 mg/mL in 0.5% SDS, 45 min at 37°C), followed by phenol-chloroform extraction and ethanol precipitation in the presence of 20 µg of glycogen [Invitrogen] per sample.

**Immunoprecipitation of eIF3β**

Approximately 30 × 10⁶ differentiating PMs were lysed in 1 mL of affinity purification lysis buffer (see above) with NP-40 at 0.5%, with or without 1 mg/mL RNase A [Roche], and cleared by centrifugation, and the background binding was reduced by 1 h of incubation with protein A/protein G-coupled Sepharose beads [Sigma]. After a brief centrifugation, the supernatants were incubated overnight at 4°C on a mixing wheel, with 1 µg/mL anti-eIF3β, goat polyclonal antibody E-15 (Santa Cruz Biotechnology), or with an irrelevant antibody (goat polyclonal anti-Hes-6). Antibody-bound eIF3β and its partners were collected on protein A/protein G-coupled Sepharose beads, washed five times with lysis buffer, and subjected to SDS-PAGE and Western blot analysis. Quantification was carried out using Bio Profil software.

**Northern blot detection of miR-125b**

Total RNA was prepared using the RNAgents total RNA Isolation System. For Northern blot analyses, 30 µg of total RNA were separated on 15% denaturing [7 M urea] polyacrylamide gels [Invitrogen] and electro-transferred to Hybond-N+ membranes [Amersham Biosciences]. A DNA antisense probe complementary to the mature form of miR-125b was end-labeled with T4 polynucleotide kinase [BioLabs], using [γ-32P]ATP with high specific...
activity (6000 Ci/mm, Amersham). Hybridization was carried out in Rapid-hyb buffer (Amersham). The membranes were washed in the following buffers: 2× SSC/0.2% SDS, 1× SSC/0.2% SDS, and 0.1× SSC/0.2% SDS, 15 min in each buffer. Both hybridization and washing were carried out at 42°C. Small nuclear RNA U6 was used as loading control.

Sucrose gradients, qRT–PCR, and Northern blot detection of IGF-2 transcripts

Total lysate from C2C12 myoblasts or from PMs (3 × 10^7 cells) was prepared as described in Nielsen et al. (1999), treated or not with 10 mM puromycin or 1 mg/mL RNase A for 15 min at 37°C, and applied to a 21%–47% sucrose gradient in 20 mM Tris-HCl (pH 8.0), 140 mM KCl, and 5 mM MgCl2. Centrifugation was carried out at 40,000 rpm for 2 h 15 min using a Beckman SW41 rotor. One-milliliter fractions were collected, absorbance at 260 nm was measured, half of each fraction was precipitated with 10% trichloroacetic acid, and the proteins were analyzed by Western blot. The second half of each fraction was ethanol-precipitated and treated with DNase (Promega), and RNA was extracted with phenol-chloroform and used for qRT–PCR analysis.

The qRT–PCR primer sequences were as follows: IGF-2 coding region, 5'-GTGCTGCATGGCTTACG-3' and 5'-GGAAGTACGCCGTAGAGGT-3'; IGF-2 Leader 3, 5'-ATGTGCAGCTGATGGAT-3' and 5'-AATGAGGTGACCTTGACCTTTTCAGTAA-3'.

For Northern blot analysis, total RNA from the sucrose gradient fractions was separated on a 1.2% MOPS-agarose gel, transferred to a nylon membrane by capillary transfer, and hybridized according to standard protocols. A [32P]-labeled probe bridged according to standard protocols. A [32P]-labeled probe corresponding to the 246-bp sequence of the 5' part of the mouse IGF-2 coding region was generated by PCR using the qRT–PCR IGF-2 primers [see above].

In vitro translation assay

His-tagged Lin-28 or an irrelevant His-tagged protein of equal size and equal number of methionines [CBB amino acids 2189–2393] was expressed in the TnT Coupled Reticulocyte Lysate Systems (Promega), using [35S]-methionine labeling, and purified using the MagZ Protein Purification System (Promega), according to the manufacturers’ instructions. Normalization of recombinant proteins separated on SDS-PAGE was carried out by exposure to the PhosphorImager screen followed by Image Quant quantification. Increasing amounts of recombinant Lin-28 or control protein were added to TnT Coupled Reticulocyte Lysate reactions containing 0.1 μg of IGF-2 luciferase reporter or a control vector. The IGF-2 luciferase reporter used in this experiment is based on pcDNA 3.1, and contains a Leader 3 regulatory element from the human IGF-2 transcript (1164 bp), inserted into a HindIII site, between a T7 promoter and the firefly luciferase gene inserted into EcoRI-Xba I sites (obtained from Dr. J. Christiansen). To obtain a control construct, we excised the HindIII IGF-2 regulatory sequence, and religated the vector. The effect of on IGF-2 Leader 3 sequence was evaluated by luciferase production.

Antibodies

Western blot: Lin-28, rabbit antibody was kindly provided by Dr. A. Dutta; MCK, rabbit antibody was kindly provided by Dr. H. Ito; α-tubulin, clone DM1A [Sigma]; IMP 1–3, rabbit antibodies were kindly provided by Professor F. C. Nielsen; eIF3β, goat polyclonal E-15 [Santa Cruz Biotechnology]; nucleolin, rabbit polyclonal N2662 [Sigma]; IGF-2, clone S1F2 [Upstate Biotechnology].

Immunofluorescence: MHC, mouse monoclonal MY-32 [Sigma]; Lin-28, rat antibody was obtained from Dr. E.G. Moss, eIF3β, see above; TIA-1, goat IgG C-20 [Santa Cruz Biotechnology]; nucleolin, see above.

IGF-2 neutralizing and immunoprecipititating antibodies: mouse monoclonal IgG1 S1F2 [Upstate Biotechnology] and goat IgG AF792 (R&D Systems). Irrelevant control: mixture of isotype-matched mouse monoclonal FSD anti-myogenin (Developmental Studies Hybridoma Bank) and goat IgG D-20 anti-Hes-6 (Santa Cruz Biotechnology).

Acknowledgments

The authors thank Drs. J. Christiansen, F.C. Nielsen, A. Dutta, V. Ogryzko, P. Bouvet, A. Hamiche, and S. Leibovich for kind gifts of reagents and cells, Drs. M. Buckingham, F. Relaix, and D. Montarras for the Pax3-GFP mice; K. Kemper for the Lin-28-GFP construct; L. Pelletier for obtaining the Lin-28 mutants; Dr. L. Pritchard for critical reading of the manuscript; and Drs. D. Weil and R. Groisman for many helpful discussions. This work was supported by a grant to A.P. from the AFM [l’Association Française contre les Myopathies].

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*Genes Dev.* 2007, 21:
Access the most recent version at doi:10.1101/gad.415007

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